



Gratitude Scavenger Hunt Slow down for a while and think about what you are grateful for. Teach the kids in your life to do this too. You can use those magazines that are piling up or take pictures and make a collage – it will be a great visual reminder of all that is good in your life! OR Simply write on the space below!

- Something you have learned*
- Some place that you have visited*
- Something in the outdoors*
- An amazing smell*
- An older person that you are grateful for*.....
- A special sound*
- A food that tastes delicious*.....
- A younger person that you are grateful for*.....
- Something/Someone that makes you laugh*.....
- A special memory*.....
- An accomplishment*.....
- Something in your neighborhood/town*.....
- Something at school/work*.....
- Something that keeps you healthy*.....
- Something about the holidays*.....